

# NICU Crib Sheet

*Sewn Crib Sheets for the UIHC NICU*

Pattern designed by Linda Aker for the UIHC NICU

## MATERIALS

- 1 yd fleece or 1 ½ yards flannel
- 3/8" elastic

## FINISHED SIZE

Approximately 39" x 27"

## NOTES

These sheets are highly requested by the NICU. They would love to have them out of the softest, colorful fleeces and flannels – both solids and cute baby patterns.

## INSTRUCTIONS

1. Prewash fabric in warm water. Dry on high heat to ensure that the fabric is preshrunk.
2. Cut fabric 35 inches wide and 48 inches long.
3. Cut 4 inch square out of each corner and discard.



4. Sew along dashed lines to form corner pockets.
5. Serge the entire edge of the fabric. You can also turn under about 1/4 inch and sew.
6. Hem the edge to accommodate 3/8 inch elastic leaving a small opening to insert the elastic.
7. Using a large safety pin, thread the 3/8 inch elastic through the opening.
8. Sew the elastic edges together and sew the opening closed. The elastic should be gathered loosely, not too tight.